

# WARRIOR'S PATH HOUSE

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## *Warriors Welcome*

Warrior's Path Houses have a mission: to help adults in recovery find jobs, maintain their sobriety, and form coping skills for a successful re-entry to society. House residents are all in active recovery, and they are all held to high standards regarding activities, behavior, and integration. Warrior's Path is a family of Sober Houses. The rules at Warrior's Path are designed to accomplish two goals: Safety and Sobriety. Personal growth and success are our aims. We support our residents in this, and we provide a safe environment for addiction recovery.

The Warrior's Path residence includes 12 Step Meetings, Safety Training, Narcan and CPR courses, Relapse Prevention, House Meetings, and toxicology screens and breathalyzers at random schedules to ensure validity.

Upon admission and at any time, if the staff deems necessary, your room and personal belongings may be searched for alcohol, drugs, or other contraband. Residents are subject to random drug and alcohol screenings. Any resident found using alcohol or drugs will be immediately transported to detox or asked to leave and the Resident Agreement terminated.

Overnight trips are allowed after a resident has completed the probationary period of 30 days and is in good standing with the house (this includes employment or community service). You may leave overnight up to two nights per week; every overnight must be approved at least 24 hours in advance, by 5:00PM the day before the overnight.

Normal Curfew is at 11:00PM Sunday night through Thursday night. Weekend curfew is 12:00AM midnight on Friday and Saturday. You are expected to be home on time. If work hours conflict, prior arrangements must be approved. If you anticipate being late, call your House Manager as soon as possible. Any infractions will result in consequences and possible termination of residency. All violations will be noted in your file. You are required to attend, on time, a minimum of four 12-Step AA/NA meetings weekly.

All residents are required to sign in and out, declaring destinations and approximate date and time of their return on the sign out sheet. All residents are required to either complete or have arranged for someone to complete their chore while they are on an overnight. The purpose of sign out is for accountability, telephone courtesy, and cases of emergency.

Concerns and complaints are to be brought to the weekly house meeting to be discussed. Resident input is encouraged and is necessary for a healthy living environment. All House Meetings are closed meetings. Guests are not allowed, but guest speakers are invited for after-meeting information sessions.

All conflicts are expected to be brought to the house manager's attention immediately. Conflicts can occur in sober living from time to time, and learning to deal with conflict is part of recovery. However, confrontations will not be tolerated. Physical confrontations will result in expulsion. It is expected that residents will not engage in enabling behavior. Illegal activities of any kind by any resident on or off the property are not permitted by Warrior's Path and are grounds for termination of residency. We work hard to keep every resident safe, sober, and happy!

Residents are strongly encouraged to exhibit an honest, open, and willing attitude.

You can do this, you can succeed at your sobriety, we believe in you.

Thank you for your attention; we are honored to take this journey with you.

**Please sign here to confirm that you have read this letter:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Applicant Name (please print): \_\_\_\_\_



WARRIOR'S PATH HOUSES: *Keeping Recovery Safe and Successful*  
Single-Gender Houses located in Attleboro, MA 02703  
Independent Sober Living for Men and Women in Recovery  
24-hr Support Including Text Messages: 1-781-408-9035

office: 508-639-5708  
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WarriorsPath@gmx.com  
WarriorsPathHouse.com

# WARRIOR'S PATH

# APPLICATION

Full Legal Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ SSN: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Current Length of Sobriety: \_\_\_\_\_ Drug of Choice: \_\_\_\_\_

Discharged from Hospital: Yes  No  Discharged Papers Available: Yes  No

Previous Residence: \_\_\_\_\_

Experience in Sober House Residence: Yes  No  Program Name: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Sponsor's First Name: \_\_\_\_\_ City: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ City: \_\_\_\_\_

Car Make & Model: \_\_\_\_\_ License Plate: \_\_\_\_\_

List of Medications: \_\_\_\_\_

Health Insurance: \_\_\_\_\_ Member ID: \_\_\_\_\_

Date of last health check-up: \_\_\_\_\_ Do you have a Therapist? Yes  No

Current Employment / Location / Hours: \_\_\_\_\_

Severe Psychiatric disorders: Yes  No  Life-Threatening Allergies: Yes  No

Massachusetts Driver's License: Yes  No  Current Probation / Parole: Yes  No



# WARRIOR'S PATH HOUSE RULES

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## 1. RECOVERY

- (a) Attend Four AA / NA meetings per week if you are working 20+ hrs / week
- (b) Attend Seven AA / NA meetings per week if you are working less than 20 hrs / week
- (c) Have an AA / NA sponsor
- (d) No alcohol or drug use
- (e) Urine tests & breathalyzer on request
- (f) 5 hours community service per week if you are working less than 20 hrs / week
- (g) Submit weekly schedule to manager
- (h) Rent paid in full by curfew every Friday
- (i) Must sign IN / OUT from house
- (j) No illegal activity in or out of the house
- (k) No buying or selling medications
- (l) Only safe discussions inside the house

## 2. SAFETY

- (a) Have a working cell phone
- (b) Have an emergency contact
- (c) No overnights in first 30 days, and then only if the resident is in good standing & request has 24 hours' notice (by 5:00PM)
- (d) No sexual relations at the house
- (e) No open flames, candles, or incense
- (f) Random property searches

## 3. RESIDENCE

- (a) Attend House Meeting on time
- (b) Complete Daily Chore 7-11 PM
- (c) Curfew Sun-Thu = 11:00PM  
Curfew Fri & Sat = midnight
- (d) Label all personal food and toiletries
- (e) Wash dishes & tables after use
- (f) Complete Chore before an overnight
- (g) Overnights after 30 days in Good Standing
- (h) 2 weeks' notice required to move out in good standing with the house
- (i) No refunds or deposit return if a resident leaves due to violation of House Rules

## 4. HEALTH

- (a) Have health insurance
- (b) Have a Primary Care Physician
- (c) Maintain personal hygiene
- (d) Address all medical issues
- (e) No violence or aggression
- (f) No weapons or dangerous items
- (g) No sharing or trading medications
- (h) Make your own bed daily
- (i) Wash sheets once per week
- (j) Shower at least once per day
- (k) No foul language or raised voices
- (l) Take medications as prescribed
- (m) Disclose new meds to managers

## 5. HOUSE

- (a) Maintain a clean room
- (b) No medications visible in room
- (c) Do not move any furniture
- (d) No switching rooms or beds
- (e) No microwaves in room
- (f) No nails or screws in walls
- (g) No open food in room
- (h) No pets, unless approved
- (i) No vape materials visible in room
- (j) No vaping in bedrooms
- (k) No food/dishes left in common areas
- (l) Appropriate attire, language, and behavior

## 6. GUESTS / COMMUNITY

- (a) All guests sign in, and must leave if asked
- (b) Only allowed in common areas
- (c) Only allowed 9:00AM - curfew
- (d) Only two guests per resident
- (e) All guests must be sober
- (f) Residents must clean after their guests
- (g) Male Guests only when manager is home
- (h) Everyone must be respectful of neighbors
- (i) House Manager has final say in all disputes and all "unwritten" or "unofficial" rules

**RULE 7.** Residents must act with respect toward everyone, at all times, at every opportunity. Warrior's Path is a Zero Tolerance House regarding rule violations.

Signature Indicates Agreement to Follow House Rules, Full Comprehension of Rules, and Opportunity to Ask for Explanations and Clarifications.

PRINT NAME: \_\_\_\_\_ DOB: \_\_\_\_\_  
SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

